

HONOLULU MAUKA TRAIL SYSTEM

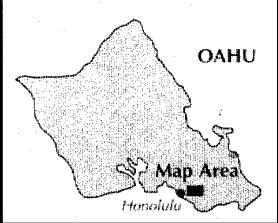
- 2. Kanealole Trail 0.7 mi / 1.1 km
- 3. Maunalaha Trail 0.7 mi / 1.1 km
- 4. Nahuina Trail 0.75 mi / 1.2 km
- 5. Makiki Valley Trail 1.1 mi / 1.7 km

- 7. Moleka Trail 0.75 mi / 1.2 km
- 8. Manoa Cliff Trail 3.4 mi / 5.5 km

- 10. Pauoa Flats Trail 0.75 mi / 1.2 km
- 11. Nuuanu Trail 1.5 mi / 2.4 km
- 12. Judd Trail 0.75 mi / 1.2 km
- 13. Aihualama Trail 1.3 mi / 2.1 km
- 14. Manoa Falls Trail 0.8 mi / 1.3 km



Basemap is USGS 1:24,000 7.5 minute Quadrangle
HONOLULU, HI, 1983



- A: Nu'uauu Stream Crossing
- B: Bien's Bench
- C: Mānoa Falls
- D: Mānoa Stream Crossing
- E: Tantalus Drive Crossing
- F: Round Top Drive Crossing

HURT 100 Course — Overview

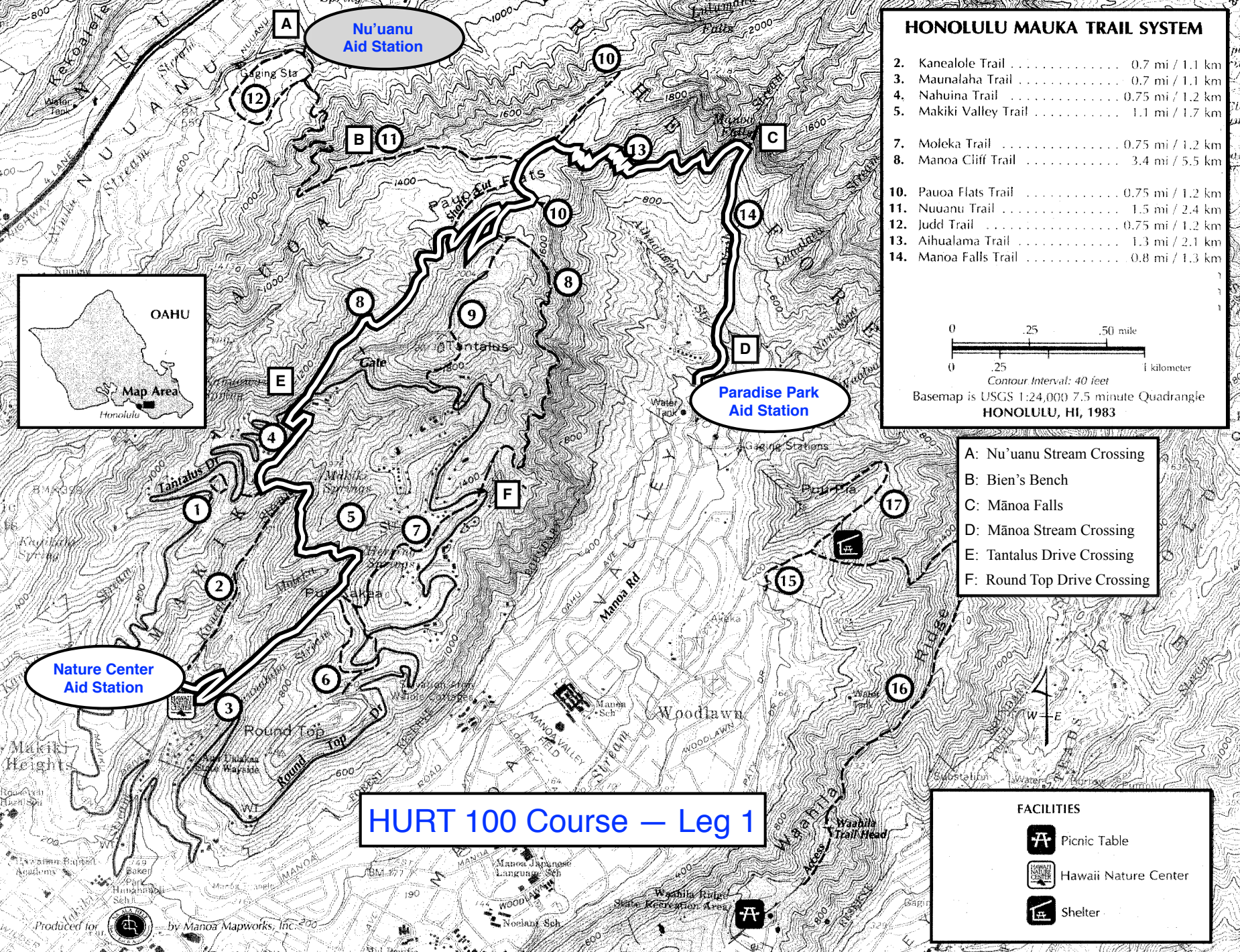
FACILITIES

- Picnic Table
- Hawaii Nature Center
- Shelter

Nature Center Aid Station

Nu'uauu Aid Station

Paradise Park Aid Station



HONOLULU MAUKA TRAIL SYSTEM

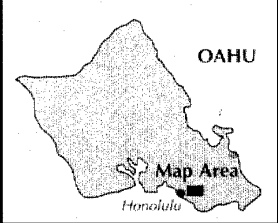
- 2. Kanealole Trail 0.7 mi / 1.1 km
- 3. Maunalaha Trail 0.7 mi / 1.1 km
- 4. Nahuina Trail 0.75 mi / 1.2 km
- 5. Makiki Valley Trail 1.1 mi / 1.7 km

- 7. Moleka Trail 0.75 mi / 1.2 km
- 8. Manoa Cliff Trail 3.4 mi / 5.5 km

- 10. Pauoa Flats Trail 0.75 mi / 1.2 km
- 11. Nuuanu Trail 1.5 mi / 2.4 km
- 12. Judd Trail 0.75 mi / 1.2 km
- 13. Aihualama Trail 1.3 mi / 2.1 km
- 14. Manoa Falls Trail 0.8 mi / 1.3 km



Basemap is USGS 1:24,000 7.5 minute Quadrangle
HONOLULU, HI, 1983



HURT 100 Course — Leg 1

- A: Nu'uauu Stream Crossing
- B: Bien's Bench
- C: Mānoa Falls
- D: Mānoa Stream Crossing
- E: Tantalus Drive Crossing
- F: Round Top Drive Crossing

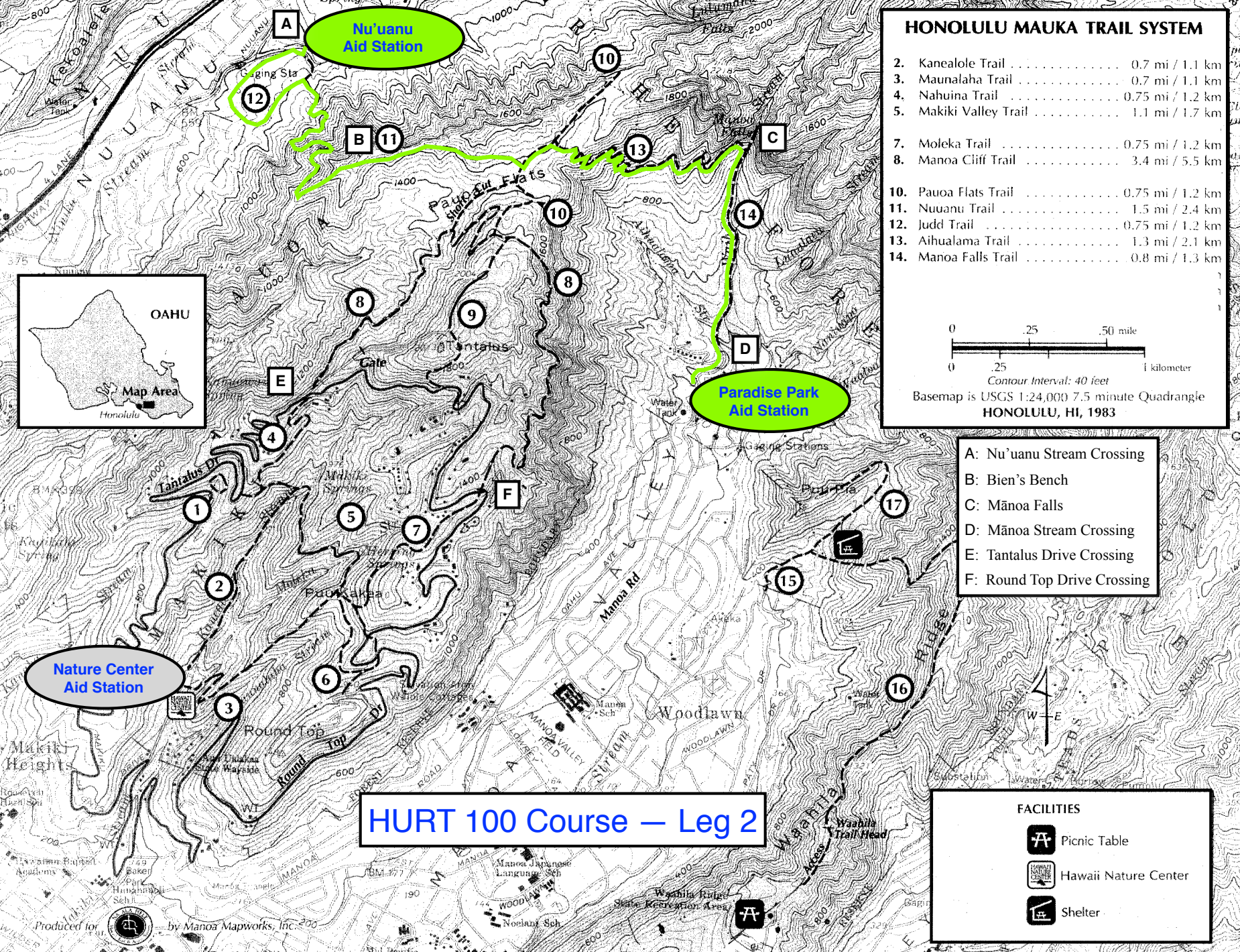
FACILITIES

- Picnic Table
- Hawaii Nature Center
- Shelter

**Nature Center
Aid Station**

**Nu'uauu
Aid Station**

**Paradise Park
Aid Station**



HONOLULU MAUKA TRAIL SYSTEM

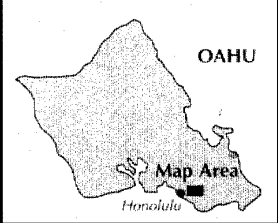
- 2. Kanealole Trail 0.7 mi / 1.1 km
- 3. Maunalaha Trail 0.7 mi / 1.1 km
- 4. Nahuina Trail 0.75 mi / 1.2 km
- 5. Makiki Valley Trail 1.1 mi / 1.7 km

- 7. Moleka Trail 0.75 mi / 1.2 km
- 8. Manoa Cliff Trail 3.4 mi / 5.5 km

- 10. Pauoa Flats Trail 0.75 mi / 1.2 km
- 11. Nuuanu Trail 1.5 mi / 2.4 km
- 12. Judd Trail 0.75 mi / 1.2 km
- 13. Aihualama Trail 1.3 mi / 2.1 km
- 14. Manoa Falls Trail 0.8 mi / 1.3 km



Basemap is USGS 1:24,000 7.5 minute Quadrangle
HONOLULU, HI, 1983



- A: Nu'uauu Stream Crossing
- B: Bien's Bench
- C: Mānoa Falls
- D: Mānoa Stream Crossing
- E: Tantalus Drive Crossing
- F: Round Top Drive Crossing

HURT 100 Course — Leg 2

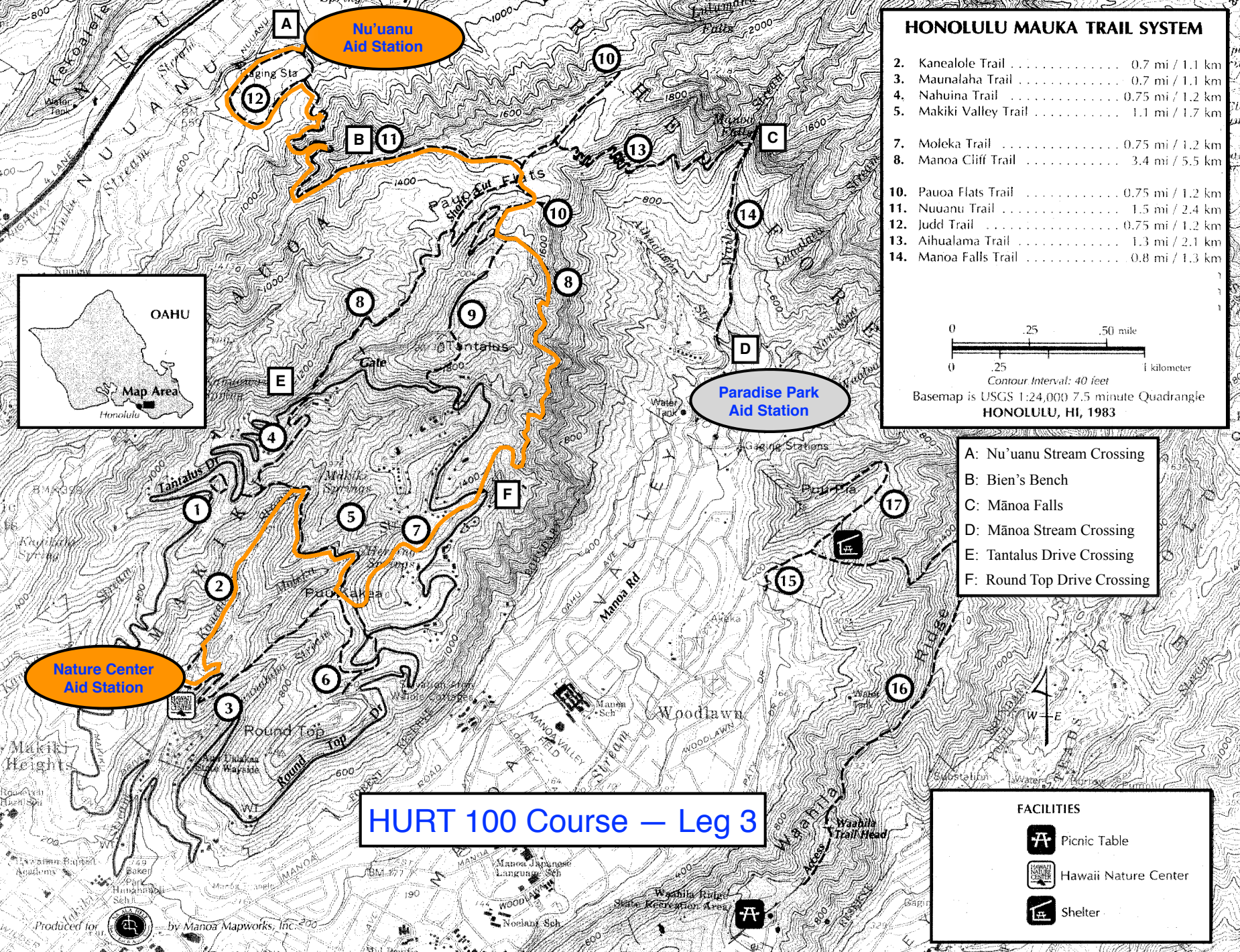
FACILITIES

- Picnic Table
- Hawaii Nature Center
- Shelter

**Nature Center
Aid Station**

**Nu'uauu
Aid Station**

**Paradise Park
Aid Station**



HONOLULU MAUKA TRAIL SYSTEM

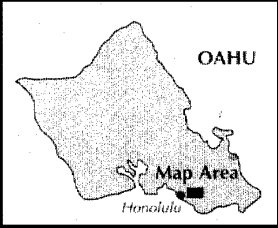
- 2. Kanealole Trail 0.7 mi / 1.1 km
- 3. Maunalaha Trail 0.7 mi / 1.1 km
- 4. Nahuina Trail 0.75 mi / 1.2 km
- 5. Makiki Valley Trail 1.1 mi / 1.7 km

- 7. Moleka Trail 0.75 mi / 1.2 km
- 8. Manoa Cliff Trail 3.4 mi / 5.5 km

- 10. Pauoa Flats Trail 0.75 mi / 1.2 km
- 11. Nuuanu Trail 1.5 mi / 2.4 km
- 12. Judd Trail 0.75 mi / 1.2 km
- 13. Aihualama Trail 1.3 mi / 2.1 km
- 14. Manoa Falls Trail 0.8 mi / 1.3 km



Basemap is USGS 1:24,000 7.5 minute Quadrangle
HONOLULU, HI, 1983



HURT 100 Course — Leg 3

- A: Nu'uauu Stream Crossing
- B: Bien's Bench
- C: Mānoa Falls
- D: Mānoa Stream Crossing
- E: Tantalus Drive Crossing
- F: Round Top Drive Crossing

FACILITIES

- Picnic Table
- Hawaii Nature Center
- Shelter

**Nature Center
Aid Station**

**Nu'uauu
Aid Station**

**Paradise Park
Aid Station**